# WHAT IS A CORESCORE?

The CORESCORE is a way to measure the progress and changes your body will make during the chiropractic process. A complete neural efficiency score collected from three digital scans, the Surface EMG, Paraspinal Thermal scan and the Heart Rate Variability scan, gives us an accurate snapshot of how chronic stress is affecting your overall health. In other words, where an x-ray allows us to see the physical health of your spine, these scans help us see everything else internally that the x-ray does not allow us to see.

## WHAT IS CLA MY INSIGHT TECHNOLOGY?

MyInsight Technology is a comprehensive neurological scanning assessment. The primary goal of these scans is to detect hidden patterns of damaging stress, track changes and then observe scans for improving trends. These scans will be performed roughly every 12 visits during the first three phases of your care plan in order to track your progress as we aim to remove subluxations from your spine.







#### **NueroCORE**

The NeuroCORE (sEMG)
measures your posture and
muscle tone down the spinal
column. It identifies areas of
the spine that are under
stress or fatigue. By analyzing
neuromuscular activity, we
can better assess where
subluxations exist in the
spine.

### **NeuroTHERMAL**

The NeuroTHERMAL assesses the autonomic system and detects deepening health issues associated with spinal change. The nervous system controls unconscious body regulations like heart rate and digestion, and the NeuroTHERMAL identifies areas of poor autonomic nerve regulation.

#### **NeuroPULSE**

Lifestyle stress and subluxations affect the balance of the autonomic nervous system and impacts one's ability to adapt. This Heart Rate Variability (HRV) test assesses your body's ability to handle and react to